
Healing
Hands

Healing Hands®

We Care for Those Who Care for Us

Healing Hands was born from a life-changing experience and a deep appreciation for the compassion shown by those who care for others every day.

Inspired by the good karma healthcare professionals bring to the world, we design scrubs that blend style, comfort, and thoughtful details—helping caregivers feel confident, supported, and ready for anything.



HH Works
by Healing Hands®

A Perfect Balance Of Function And Fashion

The HH Works Collection blends ultra-soft comfort with performance-ready style. Lightweight, breathable, and made to move with you, these scrubs offer four-way stretch and moisture-wicking fabric—keeping you confident and comfortable all day. More than just scrubs, it's a stylish tribute to those who care.



WOMEN'S TOPS



HHE2500
Monica Top

XXS-3XL

Fabric
91% Polyester,
9% Elastane Woven

Fabric Weight
175 GSM

Care
60°

Product Details
- Modern fit
- Crossover knit v-neckline
- Short sleeves
- 3 pockets: 2 front patch, 1 cell phone pocket at right
- Straight hem
- Princess seams
- Side vents for ease of movement
- Center back length: 61 cm

Available Colours
BLACK · CARIB · CEIL · EGGPL · HUNTR · KHAKI · NAVY · OLIVE · PEWTE · ROYAL · TEAL · WHITE · WINE



HHE2525
Madison Top

XXS-3XL

Fabric
91% Polyester,
9% Elastane Woven

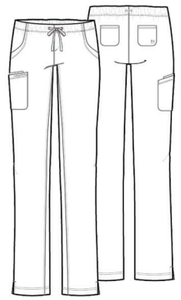
Fabric Weight
175 GSM

Care
60°

Product Details
- Modern fit
- Crossover mock wrap v-neckline
- Short sleeves
- Front princess seaming
- 3 Pockets: 2 front patch pockets with interior cell phone pocket
- Center back length: 63.5 cm

Available Colours
BLACK · NAVY · PEWTE

WOMEN'S TROUSERS



HHE9560
Rebecca Trouser

XXS-3XL

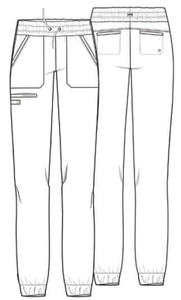
Fabric
91% Polyester,
9% Elastane Woven

Fabric Weight
175 GSM

Care
60°

Product Details
- Modern fit
- Mid-rise straight leg trouser
- Elastic waistband
- Adjustable drawstring
- 6 Pockets: 2 front slip, 1 cargo, 1 accessory with pen slot, 2 back patch
- Side vents
- Straight leg, 45.72 cm opening
- Inseam: 80 cm

Available Colours
BLACK · CARIB · CEIL · EGGPL · HUNTR · KHAKI · NAVY · OLIVE · PEWTE · ROYAL · TEAL · WHITE · WINE



HHE9575
Renee Trouser

XXS-3XL

Fabric
91% Polyester,
9% Elastane Woven

Fabric Weight
175 GSM

Care
60°

Product Details
- Modern fit
- High-rise jogger trouser
- Front drawstring closure
- Elastic waistband
- 5 Pockets: 2 front, 2 back, 1 side cargo with utility loop
- Elastic at cuffs
- Jogger, 24 cm opening
- Inseam: 72.4 cm

Available Colours
BLACK · NAVY · PEWTE

MEN'S



HHE2590
Mathew Top

XXS-3XL

Fabric
91% Polyester,
9% Elastane Woven

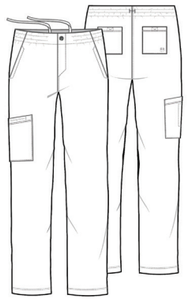
Fabric Weight
175 GSM

Care
60°

Product Details
- Modern fit
- V-neckline
- Short sleeves
- 4 Pockets: 1 chest patch, 2 front patch, 1 interior cell phone pocket
- Back yoke
- Center back length: 72.4 cm

Available Colours

BLACK | CARIB | NAVY | PEWTE | ROYAL



HHE9590
Ryan Trouser

XXS-3XL

Fabric
91% Polyester,
9% Elastane Woven

Fabric Weight
175 GSM

Care
60°

Product Details
- Modern fit
- Mid-rise straight leg trouser
- Elastic waistband with flat front
- Interior drawstring
- Zip fly and button closure
- 6 Pockets: 2 front slash, 1 cargo, 1 cell phone pocket, 2 back patch
- Straight leg, 41.2 cm opening
- Inseam: 82 cm

Available Colours

BLACK | CARIB | NAVY | PEWTE | ROYAL

WOMEN'S



MONICA
HHE2500
COMFORT V-NECK TOP
SIZE:
XXS-3XL | 61 cm



MADISON
HHE2525
MOCK-WRAP TOP
SIZE:
XXS-3XL | 63.5 cm



REBECCA
HHE9560
FULL ELASTIC STRAIGHT LEG TROUSER
SIZE:
XXS-3XL | 80 cm



RENEE
HHE9575
FULL ELASTIC TROUSER
SIZE:
XXS-3XL | 73 cm

MEN'S



MATHEW
HHE2590
V-NECK TOP
SIZE:
XXS-3XL | 73 cm



RYAN
HHE9590
FLAT FRONT DRAWSTRING TROUSER
SIZE:
XXS-3XL | 82cm

Black **BLACK**
Navy **NAVY**
Pewter **PEWTE**
Royal **ROYAL**
Wine **WINE**
Ciel **CEIL**
Caribbean **CARIB**
Teal **TEAL**
Hunter **HUNTR**
White **WHITE**
Eggplant **EGGPL**
Khaki **KHAKI**
Olive **OLIVE**



Healing Hands®

Performance. Purpose. Progress.
Healing Hands 360 is where innovation meets intention. Designed with an advanced diamond weave 4-way stretch fabric, this collection moves with you—delivering athletic-inspired styling, moisture-wicking comfort, and a modern fit healthcare professionals love. From Millennials to Gen X, it's a premium line that empowers heroes to feel confident, capable, and cared for.

But Healing Hands 360 is more than just scrubs—it's a movement. Today's consumers expect more from the brands they wear. They want to support companies that share their values, protect the planet, and give back to the causes they believe in. That's why Healing Hands is committed to doing good at every step.

Each garment in the 360 collection is crafted with recycled polyester made from millions of reclaimed plastic bottles. By transforming waste into performance fabric, we're reducing carbon emissions, keeping plastic out of landfills and oceans, and helping to create a healthier world. With Healing Hands 360, we look forward—and in every direction. Our name reflects a full-circle commitment: to innovation, to sustainability, and to the healthcare professionals who inspire us daily.

360

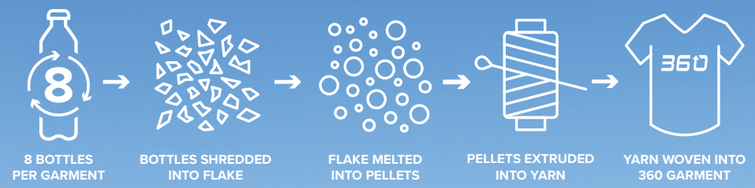


We need a 360 view to help us do the right thing.

Brands shape the world, and consumers are more conscious than ever. Healing Hands matters because our purpose is to build trust and make life easier. People want socially responsible brands that support causes they care about.

Our recycled polyester, made from millions of plastic bottles mixed with new polyester, creates sustainable fabric while keeping plastic out of landfills and oceans. We aim to cut carbon emissions and waste, examining every part of our business—how and where we make products—with a 360° view to ensure everything aligns with our purpose.

Healing Hands®



Do a 360. Did you know a uniform can change how you feel?

Perform at your peak, like a superstar, with mixed-media styling, fits and sustainable fabrics. We have designed our 360 collection to be your favourite scrubs.



Sonia Top
A standout piece in the HH360 collection, the Skyler Top is where performance meets polish. This mixed-media top is crafted from an ultra-soft and breathable fabric that feels luxurious and is also flattering.

Nisha Trouser
The rib knit waistband and sustainable polyester 4-way stretch trouser is made with our exclusive diamond weave. Moisture wicking keeps you dry and cool on hot days.

WOMEN'S TOPS



2274
SONIA

XS-2XL

Fabric
55% Recycled Poly
37% Poly
8% Elastane

Fabric Weight
140 GSM

Care
30°

Product Details
- Modern Fit
- Total 3 Pockets including 2 Patch, and 1 Media
- Flatlock Stitching Detail
- Moisture Wicking
- 4-Way Stretch

Available Colours
BLACK NAVY PEWTE ROYAL WINE CEIL



2285
SKYLER

XS-2XL

Fabric
55% Recycled Poly
37% Poly
8% Elastane

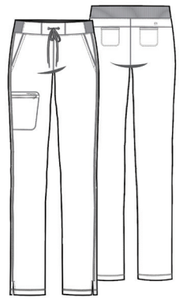
Fabric Weight
140 GSM

Care
30°

Product Details
- Modern Athletic Fit
- Total 2 Side Welt Pockets with Reflective Trim
- Knit Side Panels
- Moisture Wicking
- 4-Way Stretch
- Knit Trim: 91% Nylon, 9% Elastane

Available Colours
BLACK NAVY PEWTE ROYAL WINE CEIL

WOMEN'S TROUSERS



9152
NISHA

XS-2XL

Fabric
55% Recycled Poly
37% Poly
8% Elastane

Fabric Weight
140 GSM

Care
30°

Product Details
- Modern Fit
- Total 6 Pockets including 2 Front with Reflective Trim, 2 Back Welt, 1 Zip Carg and 1 Media
- Flatlock Stitching Detail
- Moisture Wicking
- 4-Way Stretch
- 2x2 Rib Textured Knit
- Knit Trim: 87% Nylon, 13% Elastane
- Leg Opening: 43cm

Available Colours
BLACK NAVY PEWTE ROYAL WINE CEIL

Steven Top and Noah Trouser Men have found that this dynamic duo makes them perform like a super healthcare hero. This V-neck top with three pockets and side panels along with a full elastic drawstring waist trouser are more than uniform scrubs. It's like a best friend that never wears out.



2382
Stephen Top

XS-2XL

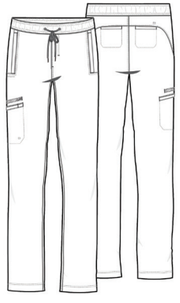
Fabric
55% Recycled Poly
37% Poly
8% Elastane

Fabric Weight
140 GSM

Care
30°

Product Details
- Modern Fit
- Total 3 Pockets including 1 Chest,
- and 2 Welt
- Flatlock Stitching Detail
- Moisture Wicking
- 4-Way Stretch

Available Colours
BLACK | NAVY | PEWTE | ROYAL | WINE | CIEL



9173
Noah Trouser

XS-2XL

Fabric
55% Recycled Poly
37% Poly

Fabric Weight
140 GSM

Care
30°

Product Details
- Modern Fit
- Total 7 Pockets including 2 Front, 2 Back, 1 Zip Cargo, 1 Welt Cargo, and 1 Media
- Functional Zip Fly
- Moisture Wicking
- 4-Way Stretch
- Leg Opening: 42cm

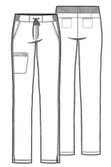
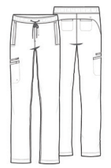
Available Colours
BLACK | NAVY | PEWTE | ROYAL | WINE | CIEL

360

PRIMARY FABRIC:
55% Recycled Polyester | 37% Polyester | 8% Elastane
KNIT TRIM:
92% Nylon | 8% Elastane

MODERN & RELAXED
COLLECTION FEATURES:
Premium Features | Supremely Soft

Each piece in the 360 collection contains the equivalent of 8 plastic water bottles.

WOMENS			MEN'S	
				
SONIA	**SKYLER**	**NISHA**	**STEVEN**	**NOAH**
2274	**2285**	**9152**	**2382**	**9173**
Y-NECK ZIP TOP	**RACE STRIPE V-NECK TOP**	**STRAIGHT LEG TROUSER**	**ATHLETIC V-NECK TOP**	**STRAIGHT LEG TROUSER**
3 POCKETS	**2 POCKETS**	**6 POCKETS**	**3 POCKETS**	**7 POCKETS**
Reflective trim at neckline	Reflective trim details	Contrast knit waistband	Flatlock stitching	Mid-rise elastic waistband
1 hidden media pocket	Side knit panels	Adjustable drawstring	Reflective trim detailing	Zipper fly and drawstring
Side vents	Rounded hem	Leg opening, 17"	Side vents	Leg opening, 16.5"
SIZE: XS-2XL | 25.25"	**SIZE:** XS-2XL | 25.25"	**SIZE:** XS-2XL | 31"	**SIZE:** XS-2XL | 28"	**SIZE:** XS-2XL | 31"

Black **BLACK**				
Navy **NAVY**				
Pewter **PEWTE**				
Royal **ROYAL**				
Wine **WINE**				
Ciel **CEIL**				

Healing Hands®

The White Coat

Lab Coats Crafted to Perfection

The Healing Hands White Coat Collection redefines professional wear with tailored fits, superior comfort, and freedom to move. Designed with stretch-woven fabric and thoughtful details, these coats deliver all-day performance and polished style—perfect for healthcare professionals who demand both form and function.



WOMEN'S



HHE5160
Flo Consultation Lab Coat

XXS-3XL

Fabric
97% Polyester,
3% Elastane Woven

Fabric Weight
180 GSM

Care
60°

Product Details
- Modern fit
- Notched collar
- Long sleeves, length in med: 62 cm
- 3 Button closure
- Front and back darts
- 3 Pockets: 1 chest, 2 front patch
- Back yoke
- Center back length: 70 cm

Available Colours
WHITE



HHE5101
Fiona Mid-Length Lab Coat

XXS-3XL

Fabric
88% Polyester,
18% Rayon,
5% Elastane Twill

Fabric Weight
195 GSM

Care
60°

Product Details
- Modern fit
- Notched collar
- Logo pin on collar
- Back yoke
- Long sleeves, length on med: 63 cm
- 3 Button closure
- Front and back darts
- 3 Pockets: 1 chest, 2 front patch
- Adjustable back belt
- Side and back vents
- Rounded hem
- Center back length: 84 cm

Available Colours
WHITE

HHE5161
Faye Full-Length Lab Coat

XXS-3XL

Fabric
97% Polyester,
3% ElastaneWoven

Fabric Weight
180 GSM

Care
60°

Product Details
- Modern fit
- Notched collar
- Logo pin on collar
- Back yoke
- Long sleeves, length on med: 63 cm
- 4 Button closure
- 6 Pockets: 1 chest, 2 front patch with 1 hidden cell phone pocket, 2 interior
- Back belt
- Back darts
- Back vents
- Center back length: 91 cm

Available Colours
WHITE

MEN'S



HHE5150
Leo Consultation Lab Coat

XXS-3XL

Fabric
97% Polyester,
3% Elastane

Fabric Weight
180 GSM

Care
60°

Product Details
- Notched collar
- Back yoke
- Long sleeves, length on med: 65 cm
- 3 button closure
- 5 Pockets: 1 chest, 2 front patch, 2 interior
- Back vent
- Center back length: 75 cm

Available Colours
WHITE

MEN'S



HHE5100
Logan Mid-Length Lab Coat

XXS-3XL

Fabric
77% Polyester,
18% Rayon,
5% Elastane Twill

Fabric Weight
195 GSM

Care
60°

Product Details
- Notched collar
- Logo pin on collar
- Back yoke
- Long sleeves, length on med: 65 cm
- 3 button closure
- 6 Pockets: 1 chest, 2 front patch with 1 hidden cell phone pocket, 2 interior
- Back placket
- Side access slits
- Back vent

Center back length: 87.6 cm

Available Colours
WHITE



HHE5151
Luke Full-Length Lab Coat

XXS-3XL

Fabric
97% Polyester,
3% Elastane

Fabric Weight
180 GSM

Care
60°

Product Details
- Notched collar
- Logo pin on collar
- Back yoke
- Long sleeves, length on med: 64 cm
- Back darts
- Back belt
- 4 button closure
- 6 Pockets: 1 chest, 2 front patch with internal cell phone pocket, 2 interior
- Side access slits
- Back vent
- Center back length: 94 cm

Available Colours
WHITE

THE WHITE COAT

WOMEN'S



FLO
5160
CONSULTATION LENGTH COAT
5 POCKETS
97% Poly,
3% Elastane Twill
SIZE:
XXS-3XL | 27.5"
White
WHITE



FIONA
5101
MID-LENGTH COAT
4 POCKETS
77% Poly,
18% Rayon,
5% Elastane
SIZE:
XXS-3XL | 33"
White
WHITE



FAYE
5161
FULL-LENGTH COAT
6 POCKETS
97% Poly,
3% Elastane Twill
SIZE:
XXS-3XL | 36"
White
WHITE

MEN'S



LEO
5150
CONSULTATION LENGTH COAT
5 POCKETS
97% Poly,
3% Elastane
SIZE:
XXS-3XL | 29.5"
White
WHITE



LOGAN
5100
MID-LENGTH COAT
5 POCKETS
77% Poly,
18% Rayon,
5% Elastane Twill
SIZE:
XS-3XL | 34.5"
White
WHITE



LUKE
5151
FULL-LENGTH COAT
5 POCKETS
97% Poly,
3% Elastane Twill
SIZE:
XXS-3XL | 37.5"
White
WHITE

Healing Hands®

MEN'S

HEIGHT R:
175 cm - 185 cm

WOMEN'S

HEIGHT R:
160 cm - 170 cm

HOW TO MEASURE

BUST/CHEST
Measure under the arms around the fullest part of the bust/chest

WAIST
Measure under the natural waistline, loosely holding the tape measure

HIPS
Measure under the fullest part of the hips

INSEAM
Measure along the inside of the leg, from just below the crotch to 1" below the ankle

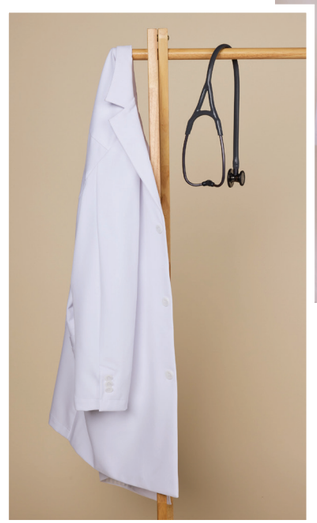
WOMEN'S SIZE CHART

SIZE (US)	BUST	WAIST	HIPS
XXS (0)	76.2–78.7 cm	53.3–58.4 cm	81.3–83.8 cm
XS (0-2)	81.3–83.8 cm	61.0–63.5 cm	86.4–88.9 cm
S (4-6)	86.4–88.9 cm	66.0–68.6 cm	91.4–94.0 cm
M (8-10)	91.4–94.0 cm	71.1–76.2 cm	96.5–101.6 cm
L (12-14)	96.5–101.6 cm	78.7–83.8 cm	104.1–109.2 cm
XL (16-18)	104.1–109.2 cm	86.4–91.4cm	111.8–116.8 cm
2XL (21-22)	119.4–124.5 cm	99.1–104.1 cm	124.5–129.5 cm
3XL (23-24)	127.0–132.1 cm	106.7–111.8cm	132.1–137.2 cm

MEN'S SIZE CHART

SIZE (US)	CHEST	WAIST	HIPS
XS (30-32)	81.3–86.4 cm	68.6–71.1 cm	81.3–86.4 cm
S (34-36)	91.4–94.0 cm	73.7–78.7 cm	88.9–94.0 cm
M (38-40)	96.5–101.6 cm	81.3–86.4 cm	96.5–101.6 cm
L (42-44)	106.7–111.8 cm	88.9–96.5 cm	104.1–111.8 cm
XL (46-48)	116.8–121.9 cm	99.1–106.7 cm	114.3–121.9 cm
2XL (50-52)	127.0–132.1 cm	109.2–116.8 cm	124.5–132.1 cm
3XL (54-56)	137.2–142.2 cm	119.4–127.0 cm	134.6–142.2 cm





careismatic brands

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For Terms and Conditions please visit: cbicentral.com

HealingHandsScrubs.com

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